

Your local Sexual Health Clinic

**Did you know
you can have
a sexual health check-up
WITHOUT needing
an intimate examination?**

Bangor

Friday
9.00am - 2.00pm

Downpatrick

Monday
9.00am - 12.00pm

Wednesday
9.00am - 12.00pm
3.00pm - 6.00pm

Lisburn

Monday
9.00am - 12.00pm

Thursday
9.00am - 12.00pm



**Sexual
Health
Check - up**

Call to book an appointment

Tel: **(028) 4483 8133**

Nurse advice line

Tel: **(028) 4483 8392**

Patient Information Leaflet

Your family doctor now offers a screening service for those who may be concerned they might have a sexually transmitted infection (STI) but who do not have any symptoms.

The screening will involve a consultation with your GP or practice nurse. This will require a blood test (for HIV and syphilis) and a self taken vaginal swab in women and urine sample in men (for chlamydia and gonorrhoea).

You will be informed of your results within two weeks of attending your GP practice.

If the result is positive your GP will be able to treat you for chlamydia. Positive results for gonorrhoea, HIV, or syphilis will be referred to your local genitourinary clinic (GUM) where staff will provide treatment, advice and support.

What's involved in an STI screen?

A basic STI check up includes tests for chlamydia, gonorrhoea, HIV and syphilis.

These are checked by sending a blood sample (for HIV and syphilis) and a urine sample from men or a self-taken vaginal swab from women (for gonorrhoea and chlamydia) to the laboratory.

How soon after unprotected sex can I be checked?

Some infections have different incubation periods and some tests are also only reliable after a certain length of time.

In general, if you do not have any symptoms it would be best to wait until at least two weeks after your last unprotected sex before having a check up.

However, you may also be advised to repeat the syphilis and HIV test in another month to make sure the result is reliable.

How soon will I get my results?

It may take up to two weeks for all of your results to be available and your doctor or nurse should discuss how these will be communicated to you.

It is important that you provide reliable contact details and give your clinic permission to contact you.



What happens if any of the test results are positive?

In the event of any positive result, our primary concern will be for your health and well being. You will be able to get treatment from your GP for chlamydia. Positive results for gonorrhoea, HIV or syphilis will be referred to your local genitourinary clinic (GUM) where staff will provide support.

If you are treated for a sexually transmitted infection it is important that relevant sexual partners are also advised and treated. Staff will discuss this with you and help you to find the best way to inform sexual partners. We will make every effort to protect your confidentiality. The only exception to this would be if something indicated that you or someone else continued to be at risk of harm.

If you have tested positive

If you test positive for chlamydia or gonorrhoea it is very important that you avoid sexual contact for one week following your treatment with antibiotics.

If you are in a relationship your partner must be treated as well. You must then ensure that you both avoid sexual contact for one week after your partner's treatment date.